

## The Spirit of Rejection II

### Ps 68:5-7 NASB

A father of the fatherless and a judge for the widows, Is God in His holy habitation. 6God makes a home for the lonely; He leads out the prisoners into prosperity, Only the rebellious dwell in a parched land.

### Ps 68:6 ESV

God settles the solitary in a home; he leads out the prisoners to prosperity, but the rebellious dwell in a parched land.

God has a solution for rejection. Good families is His answer. Healing takes place in community. Your situation does not need to remain the same.

## I. Sources of rejection

It's important to be honest about how you have been wounded. It's alright to be weak and vulnerable. It does not mean you don't love your parents. Whether they sinned against you knowingly or unknowingly it has still impacted you. This process will help you to ultimately forgive. As you feel the pain, give it over to God. It's through these wounds, that darkness enters. Don't be in denial. What was a wound of rejection can become a spirit of rejection.

### 1. Father and Mother wounds

How their parents are gives a child a picture of what the world is like.

- Words
  - **Ephesians 6:4 Fathers do not exasperate (embitter) your sons.** "parorgizo" means to provoke to anger.
- Absence (Physical and emotional)
- Lack of discipline resulting in rejection

#### **Prov 3:12**

**because the LORD disciplines those He loves, as a father the son he delights in.**

#### **New Living Translation**

**For the LORD corrects those he loves, just as a father corrects a child in whom he delights.**

- Lack of affection and tenderness in words, touch and attention
- Favouritism and comparison
- Sending off to a surrogate (family, boarding school, grandparent)
- Divorce
- Rejection from the womb
- Gender preference (they wanted a girl and you turned out a boy)
- Birth order (eg. middle child syndrome)
- Addiction (they are preoccupied with getting the fix)
- Naughty child getting more attention than you
- Sick child getting more attention than you
- When you are not protected by guardians (sexual and physical abuse etc)

### 2. Rejection from peers

- When you are not selected for a team
- Any kind of exclusion
- The impact of bullying

- The impact of teasing
- Perceived rejection by the opposite sex

### **3. Rejection from teachers and authority figures**

- When they favour other kids
- When they seem to dislike your family

### **4. Rejection and Abandonment through death**

- Children interpret the death of a parent differently to adults.

### **5. Rejection as an adult**

- Divorce
- Infidelity
- Unrealistic Comparisons made by spouse
- Retrenchment
- Ethnic discrimination (prejudice, xenophobia etc)
- Various forms of exclusion (based on resources, position, cliques and sub-groups etc)
- Being bypassed for promotion

It's important to deal with rejection issues so that we don't pass on rejection to our own children or people in our care. Despite everything that you have been through, remember the scriptures:

#### **Colossians 2:9-10**

**For in Him (Jesus) the fullness of God continues to live giving complete expression of His divine nature. And you are in Him, and have come to fullness of life – in Christ you too are filled with the fullness of God and reach full spiritual stature.**

## **II. Steps to healing from rejection wounds**

### **A. Forgive those who have rejected you**

**Luke 23:34 NLT**

**Father, forgive them, for they don't know what they are doing.**

**Colossians 3:13**

**Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.**

**Make allowance (Bear) = to endure, to have patience with, to suffer**

People often have a tough stance on others in terms of forgiveness yet they can forgive their child or sister many times. Ask God to expand your love to cover them too. Romans 5:5 says the Love of God has been shed abroad in our hearts through His Spirit.

**Matthew 7:1-3**

**Do not judge, or you will be judged. 2For with the same judgment you pronounce, you will be judged; and with the measure you use, it will be measured to you. 3Why do you look at the speck in your brother's eye, but fail to notice the beam in your own eye?...**

Release all judgments as these can keep you in bondage.

**To judge is to come to a choice or decision which rejects or condemns or also which is in favour of. So a judgment is a verdict based on how you have judged.**

**To notice = to take note of or perceive**

**Be proactive with regards to your stance toward those who might hurt you in future. This is important because you are sensitive to rejection. This is one of the keys to your healing. Do good to those who persecute you.**

**“Help me Lord to demonstrate unconditional love today, even to those who reject me in anyway.”**

**B. Cast out any evil spirits that have entered as a result of rejection wounds.**

*In the name of Jesus, I address the spirit of rejection. I address the spirit of inherited rejection, fear of rejection, self rejection, and perceived rejection and I cast you out of (name the person being prayed for)'s life and command you to leave him now. Your legal right to operate in his life has been taken away and you must leave now, in the name of Jesus, and never come back. Spirit of rejection, I expel you now, in the name of Jesus, and forbid you to ever operate in his life again.*

**C. Invite God to heal your wounds.**

**After forgiving others do the following:**

- **Renounce any judgements you have made against those who have hurt you.**
- **Renounce any inner vows you have made.**
- **Ask God to reveal his father heart to you. This includes His love and goodness.**
- **Make a list of all the lies you have believed with regards to acceptance and rejection and write down the truth (counter arguments) next to them.**
- **Pray that God helps you to see yourself, others and the world aright.**
- **Proactively do good to those who have hurt you and walk in love and acceptance of others.**

**D. Renew your mind with regards to God's love and acceptance.**

**Use the scriptures highlighted below and others that you find speaking of God's acceptance and love for you.**

- I am loved. 1 John 3:3
- I am accepted. Ephesians 1:6
- I am a child of God. John 1:12
- I am Jesus' friend. John 15:14
- I am a joint heir with Jesus, sharing His inheritance with Him. Romans 8:17
- I am united with God and one spirit with Him. 1 Corinthians 6:17
- I am a temple of God. His Spirit and his life lives in me. 1 Corinthians 6:19
- I am a member of Christ's body. 1 Corinthians 12:27
- I am a Saint. Ephesians 1:1
- I am redeemed and forgiven. Colossians 1:14

- I am complete in Jesus Christ. Colossians 2:10
- I am free from condemnation. Romans 8:1
- I am a new creation because I am in Christ. 2 Corinthians 5:17
- I am chosen of God, holy and dearly loved. Colossians 3:12
- I am established, anointed, and sealed by God. 2 Corinthians 1:21
- I do not have a spirit of fear, but of love, power, and a sound mind. 2 Timothy 1:7
- I am God's co-worker. 2 Corinthians 6:1
- I am seated in heavenly places with Christ. Eph 2:6
- I have direct access to God Ephesians. 2:18
- I am chosen to bear fruit John. 15:16
- I am one of God's living stones, being built up in Christ as a spiritual house. 1 Peter 2:5
- I have been given exceedingly great and precious promises by God by which I share His nature. 2 Peter 1:4
- I can always know the presence of God because He never leaves me Hebrews. 13:5
- God works in me to help me do the things He wants me to do Philippians 2:13
- I can ask God for wisdom and He will give me what I need. James 1:5